



## Key Stage 2 (PSHE) Curriculum Map 2023 - 24

	Autumn	Spring	Summer
Year 3	<p><b><u>Health and Wellbeing</u></b> <b><u>Healthy Lifestyles</u></b> What is meant by the term ‘balanced diet’?</p> <p>How are infectious illnesses spread from one person to another?</p> <p>Can you name the major internal body parts?</p> <p><b><u>Relationships</u></b> <b><u>Valuing Difference</u></b> What is ‘adoption’, ‘fostering’ and ‘same-sex relationships’?</p> <p>Can you give examples of respectful language?</p> <p>What makes people similar to and different from each other?</p> <p><b><u>Relationships</u></b> <b><u>Healthy Relationships</u></b> What different skills can people bring to a group task?</p> <p>Who do you have a special relationship with?</p> <p>Is it a danger or a risk?</p> <p>What is meant by the word body space?</p> <p>How can we solve a problem?</p> <p>Why are friends special?</p> <p>Who do you have a ‘positive’ relationship with?</p>	<p><b><u>Living in the Wider World</u></b> <b><u>Money</u></b> What does income, saving and spending mean?</p> <p>How do adults earn an income?</p> <p><b><u>Relationships</u></b> <b><u>Feelings and Emotions</u></b> Is it a secret or surprise?</p> <p>What is a dare?</p> <p><b><u>Living in the Wider World</u></b> <b><u>Rules, Rights and Responsibilities</u></b> What is first aid?</p> <p><b><u>Health and Wellbeing: Keeping Safe</u></b> What is a risk?</p> <p>Is it safe or unsafe?</p> <p>How can we help each other to stay safe?</p> <p>Can working together in a collaborative manner help everyone to achieve success?</p> <p>Who can you ask for help when making a big decision?</p>	<p><b><u>Living in the Wider World</u></b> <b><u>Rules, Rights and Responsibilities</u></b> Why do we have rules?</p> <p>Who are your friends and neighbours?</p> <p>How do you know when to be ‘for’ or ‘against’ something?</p> <p>What is the difference between fact and opinion?</p> <p>What potential risks are there when browsing online?</p> <p>What are the effects and risks of cigarettes and alcohol?</p> <p>How is medicine helpful and how can it be harmful?</p> <p>Should you share personal information online?</p> <p><b><u>Living in the Wider World</u></b> <b><u>Caring for the Environment</u></b> What is a community?</p> <p>What is a volunteer?</p> <p>How can you look after the school environment?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Growing and Changing</u></b> What feelings would you experience if you lose something important to you?</p> <p>What have you achieved?</p> <p style="color: red;"><b>My changing body</b></p>
Year 4	<p><b><u>Living in the Wider World</u></b> <b><u>Rules, Rights and Responsibilities</u></b> How do we make a difference?</p> <p>What does ‘influence’ mean?</p> <p>Who are the people we share our world with?</p> <p>Can your actions affect others?</p>	<p><b><u>Relationships</u></b> <b><u>Valuing Difference</u></b> What is the difference between a friend and an acquaintance?</p> <p>What makes you, YOU?</p> <p>What are the consequences of aggressive behaviour?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Healthy Lifestyles</u></b></p>	<p><b><u>Living in the Wider World</u></b> <b><u>Caring for the Environment</u></b> How can we help the planet?</p> <p>What does it mean to volunteer?</p> <p>Who supports the school community?</p> <p>What is recycling?</p> <p><b><u>Living in the Wider World</u></b></p>



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	<p>What is a stereotype?</p> <p>What are your rights and responsibilities?</p> <p>What is first aid?</p> <p><b><u>Relationships</u></b> <b><u>Feelings and Emotions</u></b> How do your feelings affected you physically?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Keeping Safe</u></b> Is it a danger, risk or hazard?</p> <p>Who helps us stay healthy and safe?</p> <p>What are the effects of smoking and drinking alcohol?</p> <p>Is medicine a drug?</p> <p>What pictures should you share online?</p> <p>How can you identify and manage a risk?</p> <p>What is body language? Is it a secret or a surprise?</p> <p>Is bullying acceptable?</p>	<p>How do you choose?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Keeping Safe</u></b> How can a person be influenced?</p> <p><b><u>Relationships</u></b> <b><u>Healthy Relationships</u></b> What makes a positive healthy relationship?</p> <p>When is it acceptable to say no?</p> <p>What does personal body space mean?</p> <p>Why is team work and collaboration important?</p> <p>Can you sort it?</p> <p>What is marriage?</p>	<p><b><u>Money</u></b> What is income and expenditure?</p> <p>Why pay taxes?</p> <p><b><u>Health and Wellbeing</u></b> Where do you get energy from?</p> <p><b><u>Relationships</u></b> <b><u>Feelings and Emotions</u></b> What is a 'dare'?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Growing and Changing</u></b> Can you identify 'good' and 'not so good' feelings?</p> <p>What are the changes that happen to people during their lives?</p> <p>Why do some children 'fall out' with their parents?</p> <p>What parts of your body change as you grow?</p>
Year 5	<p><b><u>Living in the Wider World</u></b> <b><u>Caring for the Environment</u></b> What are your rights, responsibilities and duties?</p> <p>How can you improve our school community?</p> <p>What is meant by the terms voluntary, community and pressure (action) group?</p> <p><b><u>Relationships</u></b> <b><u>Feelings and Emotions</u></b> How good a friend are you?</p> <p>What is the difference between a safe and unsafe secret?</p> <p>How can you stand up to someone who gives you a dare?</p> <p>Is everything you see online true?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Keeping Safe</u></b></p>	<p><b><u>Relationships</u></b> <b><u>Healthy Relationships</u></b> What are the consequences of positive and negative behaviour on yourself and others?</p> <p>Do you take notice of your feelings?</p> <p>What is team work?</p> <p>What is negotiation and compromise?</p> <p>What makes a relationship heathy?</p> <p>What is a stereotype?</p> <p><b><u>Living in the Wider World</u></b> <b><u>Rules, Rights and Responsibilities</u></b> What are local councils responsible for?</p> <p>What is the difference between fact and opinion?</p>	<p><b><u>Relationships</u></b> <b><u>Valuing Difference</u></b> What are the qualities of friendship?</p> <p>How can you have a kind conversation?</p> <p>How do you feel when you are excluded or 'left out'?</p> <p><b><u>Living in the Wider World</u></b> <b><u>Money</u></b> What questions should a consumer ask before buying a product?</p> <p>What is a loan, credit, debt and interest?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Growing and Changing</u></b></p>



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	<p>What is a habit?</p> <p>What does it mean to be responsible?</p> <p>What are your emotional needs?</p> <p>Would you risk it?</p> <p>How is medicine safe and unsafe?</p> <p>How can you deal with face-to-face and online bullying?</p> <p>Can online communication be misinterpreted?</p> <p>What do you do when you're faced with a risky situation?</p>	<p>What are the benefits of living in a diverse society?</p> <p>What is first aid?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Healthy Lifestyles</u></b></p> <p>What are the effects and risks of smoking and vaping?</p> <p>How can you get fit?</p> <p>What are the main internal organs and their functions?</p>	<p>What are your strengths and talents?</p> <p>How can you build resilience?</p> <p>What is menstruation and why does it happen?</p> <p>Is social media a true reflection of reality?</p> <p>What is separation?</p> <p>What is puberty?</p> <p>How does your body feel when you are relaxed?</p>
Year 6	<p><b><u>Relationships</u></b></p> <p><b><u>Healthy Relationships</u></b></p> <p>How can you solve a friendship problem?</p> <p>What is collaboration?</p> <p>What does it mean to negotiate?</p> <p>What are your basic emotional needs?</p> <p>What is peer influence and pressure?</p> <p>At what age are you legally allowed to get married?</p> <p>How can you act appropriately inside and outside of school?</p> <p><b><u>Living in the Wider World</u></b> <b><u>Rules, Rights and Responsibilities</u></b></p> <p>What were children's rights in the 18th century?</p> <p>Who is Thomas Coram?</p> <p>How did artists from the 18<sup>th</sup> century raise money for the 1st children's charity?</p> <p>What were children's rights in the 19th century?</p> <p>Are there two sides to every story?</p>	<p><b><u>Health and Wellbeing</u></b> <b><u>Keeping Safe</u></b></p> <p>What is addiction?</p> <p>What sort of drug is this?</p> <p>What are the basic laws in relation to drugs?</p> <p>What are the effects and risks of drinking alcohol?</p> <p>What are emotional needs?</p> <p>What does it mean to be independent?</p> <p>What are the risks involving alcohol?</p> <p>What are the consequences of reacting to others in a positive or negative way?</p> <p><b><u>Relationships</u></b> <b><u>Valuing Difference</u></b></p> <p>What is the difference between a friend and an acquaintance?</p> <p>Why is it important to respect differences?</p> <p>Is it ok to be different?</p>	<p><b><u>Living in the Wider World</u></b> <b><u>Caring for the Environment</u></b></p> <p>What are your responsibilities, rights and duties at home, at school, in the community and towards the environment?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Healthy Lifestyles</u></b></p> <p>What are the five ways to wellbeing?</p> <p>Is fame everything it's made out to be?</p> <p>Do we have more in common than not?</p> <p><b><u>Living in the Wider World</u></b> <b><u>Money</u></b></p> <p>What are the benefits of saving money?</p> <p>What is a job?</p> <p><b><u>Health and Wellbeing</u></b> <b><u>Growing and Changing</u></b></p> <p>What is puberty?</p> <p>How can you set and achieve your goals?</p> <p>Is it helpful or unhelpful? Managing change</p> <p>What is a stereotype?</p> <p>Is the media manipulative?</p> <p>Where do babies come from? (Nurse)</p>



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	<p>What is the legal age for having a social media account (like Facebook)?</p> <p>How can we show tolerance and respect for others?</p>		
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