



EYFS & Key Stage 1 (PSHE) Curriculum Map 2023 - 24

	Autumn	Spring	Summer
Nursery	<p><u>Me and my relationships</u> Can you name different features of your face and parts of the body? Name different feelings and their possible causes? Who cares for you and keeps you safe?</p> <p><u>Valuing difference</u> What are the similarities and differences amongst your peers? Can you show kindness by including your friends and other peers?</p> <p><u>Keeping safe</u> Can you recognise a 'funny tummy' feeling when something feels wrong?</p>	<p><u>Valuing difference</u> Can you name things that you and your friends are good at? What do you notice about differences in nature? How can you help those in need?</p> <p><u>Rights and respect</u> How can you show care and respect for your home and learning environment?</p> <p><u>Keeping safe</u> What makes you feel safe? Can you name things in the environment that keep us safe e.g. traffic lights, warning signs, school rules?</p> <p><u>Growing and changing</u> Can you describe the life cycle of an animal?</p>	<p><u>Growing and changing</u> How do babies change as they grow?</p> <p><u>Rights and respect</u> What is special within the natural world?</p> <p><u>Keeping safe</u> Name potential dangers, both inside and outside, and how to avoid getting hurt?</p> <p><u>Growing and changing</u> What natural changes occur when the weather changes?</p>
Reception	<p><u>Me and My Relationships</u> What are your interests? Can you talk about yourself positively? Describe different feelings?</p> <p><u>Rights and Respect</u> Why are friends important? What ways do you help at home?</p> <p><u>Growing and Changing</u> Can you name the different seasons and describe their differences? What are living things?</p> <p><u>Valuing difference</u> Why should differences be celebrated?</p>	<p><u>Rights and Respect</u> What makes the world special and beautiful?</p> <p><u>Growing and Changing - NSPCC –</u> Which parts of your body are kept private and safe and why?</p> <p><u>Being my best</u> Can you name and choose healthy foods and drink?</p>	<p><u>Growing and Changing</u> How do animals and humans change in appearance over time?</p> <p><u>Valuing Difference</u> Can you talk about your family, customs and traditions? What are the similarities and differences between your home and those of others?</p>
Year 1	<p><u>Living in the Wider World</u> <u>Rules, Rights and Responsibilities</u> Why do we have classroom rules?</p>	<p><u>Health and Wellbeing</u> <u>Keeping Safe</u></p>	<p><u>Health and Wellbeing</u> <u>Healthy Lifestyles</u></p>



EYFS & Key Stage 1 (PSHE) Curriculum Map 2023 - 24

	<p>How do you take care of something? Who takes care of you? What is first aid?</p> <p><u>Living in the Wider World</u> <u>Caring for the Environment</u> What do you like about the school environment and who looks after the school environment?</p> <p><u>Relationships</u> <u>Healthy Relationships</u> What is the difference between a secret and a nice surprise? What are good or bad touches?</p> <p>What is the difference between unkindness, teasing and bullying?</p> <p>Who can help you if you're in a bullying situation?</p> <p>How are you listening?</p> <p>How can you give and receive positive feedback? How does this make you feel?</p>	<p>Can you recognise the range of feelings that are associated with loss? Who can help? How do school rules keep you safe? What medicines can sometimes make people feel better when they're ill?</p> <p><u>Health and Wellbeing</u> <u>Growing and Changing</u> Do you understand that learning a new skill requires practice and the opportunity to fail, safely? Who are the people that help/helped you at different stages in your life?</p> <p>What are the major internal body parts? Can you name parts of the body that are private?</p> <p><u>Valuing Difference</u> What is fair and unfair, kind and unkind? What qualities make a good friend?</p> <p>What are the differences and similarities between people?</p>	<p>What foods do we need to eat more of and which do we need to eat less of to be healthy? How can your feelings make you behave/act? Why are regular hygiene routines important? How do diseases spread? Why should fruit and vegetables be part of your daily diet? Is exercise and sleep an important part of a healthy lifestyle? Is sleep important?</p> <p><u>Living in the Wider World</u> <u>Money</u> Where do people get money from? How should we look after our money?</p> <p><u>Relationships</u> <u>Feelings and Emotions</u> How do others feel? (By reading body language and facial expressions). How can a person's behaviour affect other people? Who are our special people? Can people's feelings and bodies get hurt?</p>
Year 2	<p><u>Living in the Wider World</u> <u>Rules, Rights and Responsibilities</u> How can you contribute to your classroom environment? Why is manners and courtesy important? What is impulsive behaviour? What can you do if someone is feeling left out?</p>	<p><u>Health and Wellbeing</u> <u>Healthy Lifestyles</u> What can you choose yourself and what is chosen for you? How do you brush your teeth? How do germs spread? What does your body need? What does my body do?</p>	<p><u>Relationships</u> <u>Feelings and Emotions</u> How are you feeling today? How do we make others feel? Who are your special people? What makes being a good friend? Where can you get help if you were being upset by someone else's behaviour?</p>



EYFS & Key Stage 1 (PSHE) Curriculum Map 2023 - 24

	<p>How can you get on with others inside and outside the classroom?</p> <p>What is first aid?</p> <p><u>Relationships</u> <u>Healthy Relationships</u></p> <p>Who can you talk to if someone touches you in a way that makes you feel uncomfortable? What is the difference between bullying and teasing?</p> <p>what do you do if you're being bullied?</p> <p>What are the different types of bullying?</p> <p>Should all secrets be kept?</p> <p>Do you know how to ask for help?</p>	<p><u>Living in the Wider World</u> <u>Caring for the Environment</u></p> <p>How can we look after our environment?</p> <p><u>Health and Wellbeing</u> <u>Keeping Safe</u></p> <p>What makes you feel safe and unsafe?</p> <p>When do you say, 'Yes', 'No', 'I'll ask', or 'I'll tell'?</p> <p>What can you do to feel better without taking medicines? (if they are unwell).</p> <p>How can you respect someone's privacy?</p> <p><u>Relationships</u> <u>Valuing Difference</u></p> <p>what is the difference between kindness and unkindness?</p> <p>What makes us who we are?</p>	<p><u>Living in the Wider World</u> <u>Money</u></p> <p>How do you feel when you spend money on different things?</p> <p>Why do people save money?</p> <p><u>Health and Wellbeing</u> <u>Growing and Changing</u></p> <p>What is a learning line?</p> <p>How do you feel when you lose someone or when you reunite with someone?</p> <p>What are the different stages of growth?</p> <p>Which body parts are private?</p>
--	--	---	---