



Barnsbury Primary School and Nursery

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Headteacher: Mrs J Harrup

31st January 2025

Dear Parents and Carers

We have had some wonderful sporting achievements this week! We couldn't be prouder of our Year 5/6 Girls' Football team's successes in a tournament (they came third!) and our winning Year 5/6 athletics team in the District Sports Hall Competition at Guildford Spectrum. We'll include photographs of the events in next week's newsletter. A huge thank you goes to our wonderful members of staff who have given the children these wonderful opportunities and experiences, making memories for life: Mrs Darne, Mrs Living, Miss Paice and Miss Armiger.

Our Eco-Council has also been recognised for their efforts in joining in with the RSPB Big Schools' Birdwatch. By taking part, they received a Schools For Nature certificate signed by Sir David Attenborough. Please take a look in the body of the newsletter for more information and photographs.

How Safe is WhatsApp for Children?

WhatsApp is one of the most popular instant messaging apps, used by over 2 billion people in 180 countries. It allows you to send and receive messages, as well as make voice and video calls. You can connect with people individually or join group chats where lots of people can contribute. All you need to set up a WhatsApp account is a phone number. However, children and young people can easily subvert the restrictions placed on its access. Although rated at 16+, all that is required is a phone number. All it takes is one child in a class to be on WhatsApp, and all the others will wish to join. This can lead to increased vulnerabilities for child users. The NSPCC has released its own analysis about the dangers of the app. If interested, please follow the link [here](#).

Children, Smartphones and Apps

On Tuesday 11th February, 7.30-9.00pm at Greenfield School, there is a talk by PAPA (Parents Against Phone Addiction in Young Adolescents) with tips for managing smartphones in your family and information about the impact of smartphones and social media on children. A form to register attendance can be found [here](#) or there is a QR Code on the poster in the body of the newsletter.

Play and Leisure activities for children with additional needs

Surrey County Council has awarded £500,000 of grant funding to enable a range of new, inclusive, community-based activities for children with additional needs and disabilities across the county. This funding has gone to a mix of different organisations, such as sports clubs, leisure centres, charities and activity providers, to support them to provide inclusive opportunities that better meet the needs of a wider range of children. These new pilot projects will be delivering after school, at weekends and during the holidays through to the end of March 2025. In particular, this means that there will be a number of extra activities running during the February half-term holidays. Further information can be found [here](#).

Tissues

We would be most grateful if each family could bring in a box of tissues! We are using so many and they are quite expensive to keep buying, so if you are able, please can you add a box to your weekly shopping? Many thanks!

Wishing you all a wonderful weekend.

With kind regards

Mrs J E Harrup
Headteacher



Star of the Week

Effort Award

Values Award

Writer of the Month

Oak	Ronnie	Gian	Rafferty	Ivy
Ash	Thalia	Oscar	Robin	Jorge
1B	Tristan	Shauna	Liyana	Haseeba
1M	Jack	Julia	All of 1M	Pipaliina
2M	Logan C	Amelia	Arthur	Jack
2T	Misha	Owyn	Ava	Arthur
3B	Gia-Rae	Ezra	Theo H	Bea
3M	Sarah-Luisa	Roslyn	Vishnu	Catrin
4D	Jonathan	Sylvia	Skylar	Khayaati
4J	Mukund	Henry	Emeli	Revaan
5M	Ella	Harry	Arvin	Orla
5T	Spencer	Dominik	Oscar S	Zoe
6G	Isla	Olivia	Leela	Isabelle
6L	Erin	Freda	Anna	Oliver

Congratulations to our Super Speller this week:

Isla (4D)



Congratulations to the recipients of a WOW certificate this week:

Ellie (Ash), Abram (4D) and Isla (4D)

Eco Council —Imaan, Dominic, Joe & Ellen



Congratulations to the Lionesses this week:

Jess (2M), Orla (5M) and Emma (5T).



PLAYER OF THE MATCH

Colin Kramer Award for Resilience

Huge congratulations go to Noah who has been recognised by Woking Rotary Club for his resilience.



All of the primary schools in the local area were contacted by the Rotary Club and asked to nominate a child who has shown great resilience.

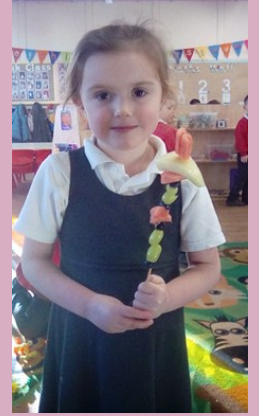
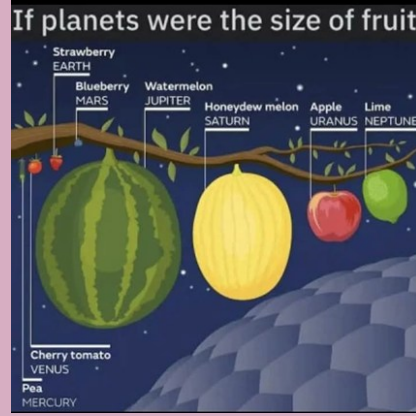
We nominated Noah because of his amazing efforts to raise money for the Brain Tumour Charity and Shooting Star Hospice, following the tragic death of his best friend and class mate, Callum, when they were both in Year 4 together.

Noah also grew his hair and when it was long enough he had it cut and donated to make wigs for children undergoing cancer treatment.

After a lunch at Hoebridge Golf Club, Noah was presented with a certificate and book vouchers by Penny Kramer, widow of Colin, who created the award to honour children who have shown incredible resilience.

Reception

We thoroughly enjoyed our recent topic on Space. The children were enthusiastic about sharing their knowledge and learning new facts. We had lots of fun pretending to be astronauts, completing training and visiting the different planets. We really enjoyed comparing the sizes of the planets in relation to fruits, followed by making some tasty fruit rockets.



This week, we have started our new topic on Celebrations, starting with Chinese New Year. We have enjoyed different crafts and food tasting. We had so much fun working together to make our own large-scale dragon and parading it around the playground as part of our dragon dance.



Year 2

We have had a fantastic few weeks back this half term, and the children have been thoroughly enjoying their learning. In art they have been exploring how to use sticks to make stick people. In science, the children have been investigating different types of materials and considering which ones would be best for building a bridge.



In English they have been reading the story Beegu and were thrilled to create a playdough friend for Beegu. Afterwards the children wrote a character description about Beegu's new friend. Have a look at the wonderful friends the children have made for Beegu.

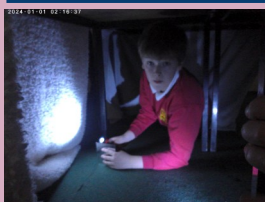
Year 4



Year 4 children are busy experimenting with levels and direction in gymnastics at the moment, and thoroughly enjoying it!

The focus of the learning is to apply 'excellent gymnastics' when exploring sequenced movements with a change in level. The children were exploring creating sequences on the floor and on equipment, using a range of movements that flow and incorporate a change in level. They then applied unison and canon to their performances to challenge their creativity, and thoroughly enjoyed creating these poses for photographs.

Year 6



To launch our science topic on 'Light', Year 6 has an afternoon of investigations. We worked in groups to answer a variety of questions using a range of equipment. It was great fun making dens to blackout the classrooms!

Our Gruesome Traditional Tales continue to be a hit with Year 6. To immerse ourselves into the stories we have been working on our story-telling skills. After reading 'The Boy Who Tricked a Troll' we created story maps and used these to help us learn the story off by heart - we then became enthusiastic story tellers!



This week in Art, Year 6 have been diving into the vibrant world of Henri Matisse! We've been channelling our inner artists by using a rainbow of coloured paper and crafting intricate silhouettes. Our inspiration? The spooky and thrilling story we've been reading in English, "The House That Was Filled With Ghosts." The children have enjoyed bringing the eerie scenes to life with our creative flair!

Phonics

With the Lunar New Year this week, I thought this would be a great phonics activity!

Coloured rice, a few objects and some sounds added to our sensory tray. The children loved this one.

Natalie Paice
Trainee Teacher, Year 4



Forest School



A big thank you to the PTA for donating bird food to the school.

The robins in our woods have been particularly enjoying all the food that the children have been giving them. One robin has become very brave and will come down and sit with us eating his mealworms whilst listening to the children discuss our Forest School rules. It has been lovely to watch the children try and get the robins to come and land on their hand, with much perseverance on the child's part to stand still so patiently and quietly. We hope that it may happen soon.

Eco Council

This week, the Eco Council took part in the RSPB Big Schools' Birdwatch. They demonstrated responsibility and cooperation, as well as excitement at spotting a few different types of birds. The most common was a pigeon, although we did see a red kite circling in the near distance. By taking part, we received a Schools For Nature certificate signed by Sir David Attenborough.



Thank you for being a
**SCHOOL
FOR NATURE**

Awarded to
Barnsbury Primary School and Nursery

By making your school a little wilder,
you are helping to bring back nature.

David Attenborough
Sir David Attenborough

SAVE OUR
WILD ISLES



Dates for your diary 2024-25

Spring Term

January

Friday 31st PTA pre-loved uniform sale

February

Friday 7th 6G Class Assembly

Friday 14th 4J Class Assembly

Friday 14th PTA Non Uniform Day—Love What You Wear

17th-21st Half Term

Monday 24th INSET Day

Weds 26th Year 5 School Trip

March

3rd—6th Book Fayre

Tuesday 4th Parents Evening 3:30pm—5:30pm

Thursday 6th Parents Evening 3:30pm—7pm

Friday 7th 9.00am Rock Steady Concert (Friday bands)

Weds 12th Local Governing Committee Meeting

Friday 14th 5T Class Assembly

Tuesday 18th 9.00am Rock Steady Concert (Tuesday bands)

Friday 21st 1M Class Assembly

Thursday 20th Year 2 School Trip

Tuesday 25th Year 4 School Trip

Thursday 27th 9.00am Rock Steady Concert (Thursday bands)

Friday 28th 1B Class Assembly

April

2nd-4th Year 6 Residential

Friday 4th 1:15pm End of Spring Term

Dates for your diary 2024-25

Summer Term

April

Tuesday 22nd	Start of Summer Term
Thu 24th & Fri 25th	PTA Silent Discos (times TBC)
Weds 30th	Local Governing Committee Meeting (8am to 10am)

May

Friday 2nd	3B Class Assembly (9.00am)
Friday 16th	2M Class Assembly (9.00am)
Friday 23rd	2T Class Assembly (9.00am)
Friday 23rd	End of half term
26th May-6th June	Two week half term

June

Weds 11th	Reception School Trip
Weds 18th	Class photos
Weds 25th	Local Governing Committee Meeting (8am to 10am)
Thursday 26th	Sports Day
Friday 27th	Oak Class Assembly (9.00am)

July

Friday 4th	Ash Class Assembly (9.00am)
Tuesday 22nd	End of Term (1:15pm finish)

CHILDREN, SMARTPHONES AND APPS

Join us on ...

TUESDAY 11TH FEBRUARY
7:30PM-9:00PM

 GREENFIELD SCHOOL, OLD WOKING ROAD, GU22 8HY



Whether your child has a smartphone or not- please join us to find out some tips for managing smartphones in your family.

Learn more about the impact of smartphones and social media have on children and what we can do to delay or limit their exposure.

Talk from
Jennifer Powers
of PAPA YA

Sign up






**WEAR WHAT
YOU LOVE!**

NON UNIFORM DAY
FRIDAY 14TH FEBRUARY

£1 OPTIONAL DONATION COLLECTED AT KS1
& KS2 GATES

Project Purple



Drama Club

An inclusive drama club for children and young people aged 8-17 with and without learning disabilities.

**Thursdays from 30th Jan - 27th March
@ Peer Place Woking**

Only £40 for the whole term!

*Book your
place now!*





FEBRUARY FOOTBALL CAMP

Kick Into Action:
Your Football
Journey Starts Here!

WE ARE BACK!!!

MON 17TH - FRI 21ST



PROGRAMS:



Warm-up Exercises



Skill Assessment



Tactical Drills



Team Building Activities

Barnsbury Primary School
Almond Avenue, Woking, Surrey,
GU22 0BB

BOOK NOW



WHO CAN JOIN?

Boys and girls from all
schools -
Year 1-Year 8
All skill levels welcome

9am - 3:30pm - £30

Email for option of 8:30am - 5pm

www.campmartialx.co.uk
office@campmartialx.co.uk
07725 908439



MULTISPORT CAMP

17TH - 24TH FEB

BARNSBURY PRIMARY SCHOOL,
ALMOND AVENUE, WOKING
GU22 0BB

ACTION PACKED, FUN FUELLED DAYS!

DODGEBALL



ARCHERY



FOOTBALL



MARTIAL ARTS



HOCKEY



BASKETBALL



ARTS & CRAFTS



KIDS AXE THROWING



TENNIS

AND SO MUCH MORE!

DETAILS:

PRICES:

4 YR OLDS: 9AM - 1PM - £20

5 YRS AND UP SHORT DAY: £30

5 YRS AND UP LONG DAY: £45

SHORT DAY: 9AM - 3PM

LONG DAY: 830AM - 5PM

BOOK NOW

WWW.CAMP MARTIAL X.CO.UK



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office@campmartialx.co.uk



TRAINING GROUND



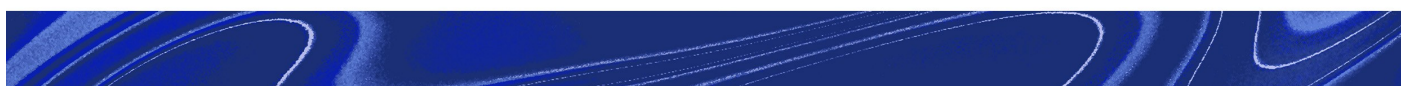
FEBRUARY HOLIDAY COURSES

An exclusive opportunity for Boys & Girls of all abilities between school years 1-7. Experience living like a Chelsea player for our 1 & 2 day courses running this February Half Term. Players will have exposure to our world class facilities, learning new skills and meeting new friends.

All sessions are based around individual ball work, team drills, small sided games and much, much more. To book now please either scan the QR code or use the below website and course code.

COURSE 1 (2 DAY COURSE)	COURSE 2 (1 DAY COURSE)	COURSE 3 (2 DAY COURSE)
<p>Monday 17th - Tuesday 18th Feb 2025 Open to Boys & Girls School years: 1-7 Times: 09:15 - 15:20 Registration 09:00 - 09:15 Collection: 15:15 - 15:30</p> <p>Cobham Training Ground, 64 Stoke Road, Cobham, Surrey, KT11 3PT Surface: 3G Pitch (No metal studs)</p> <p>Full Cost: £150.00 Course Code: SS-CTG-HO-13</p>	<p>Wednesday 19th Feb 2025 Open to Girls Only School years: 3-7 Times: 09:15 - 15:20 Registration 09:00 - 09:15 Collection: 15:15 - 15:30</p> <p>Cobham Training Ground, 64 Stoke Road, Cobham, Surrey, KT11 3PT Surface: 3G Pitch (No metal studs)</p> <p>Full Cost: £75.00 Course Code: SS-CTG-HO-15</p>	<p>Thursday 20th - Friday 21st Feb 2025 Open to Boys & Girls School years: 1-7 Times: 09:15 - 15:20 Registration 09:00 - 09:15 Collection: 15:15 - 15:30</p> <p>Cobham Training Ground, 64 Stoke Road, Cobham, Surrey, KT11 3PT Surface: 3G Pitch (No metal studs)</p> <p>Full Cost: £150.00 Course Code: SS-CTG-HO-14</p>

chelseasoccerschools.co.uk



10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday

The National College



YOUR BARNSBURY PTA NEEDS YOU!

**Help us shape the future of
Barnsbury school and it's
children by helping us raise
vital funds...**

WE NEED YOUR:

**INPUT...your opinions matter
TIME...however much you can spare
DONATIONS...big or small and your
help CREATING AWARENESS**



**Contact your class rep or email:
pta@barnsbury@surrey.sch.co.uk**