



Barnsbury Primary School and Nursery

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Surrey
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Headteacher: Mrs J Harrup

25th October 2024

Dear Parents and Carers

Thank you to 5M for their fabulous assembly this morning. Parents, staff and children had a wonderfully entertaining lesson all about the Ancient Greek Gods. We have some very talented actors and comedians in 5M!

International Day

The children have been travelling the world today! The children have been 'visiting' countries such as Hungary, Sweden, South Africa and Pakistan throughout the day, learning a little about the different countries and their cultures. Huge thanks go to all of the members of staff who have been 'hosting' the children in their countries and to Mrs Kidd and Mrs Twiston-Davies for organising the whole day—such wonderful learning opportunities for the children.

Resources needed

In Early Years and KS1, we are looking for some high quality resources, including:

Dolls with clothes

Toy cot and buggy

Small world figures such as Playmobil

Natural resources (such as conkers, pine cones, short pieces of bamboo)

School Council

Our School Council has been elected. Please see the body of the newsletter for more information.

Other resources are welcome. If you are having a sort out at home and have any quality resources, please donate by giving to your class teacher or the main office.

School Uniform

Please can you ensure all pieces of school uniform are clearly labelled with your child's name and encourage your children to take responsibility for their items of clothing. Also a plea from parents who have labelled school uniform items that are now 'missing', please check your child's clothing to make sure it is theirs and they haven't picked up another child's clothing by accident.

Voices Matter Survey

The Additional Needs and Disabilities (AND) Partnership has designed a survey for all parents and carers of children and young people with AND in Surrey. The AND Partnership want to understand your experience of accessing help and support related to Special Educational Needs and Disabilities (SEND) in Surrey. They will use your feedback to improve local services that support Surrey's children with additional needs with their education, health (including diagnosis) and care. The survey can be found [here](#).

Wishing you all a wonderful half term. We look forward to welcoming the children back on Wednesday 6th November following two INSET days. **Please note that there will be individual and sibling photos taken on this day.**

With kind regards

Mrs J E Harrup
Headteacher

Dates for your diary 2024-25

Autumn Term

October

Monday 28th to 1st Half Term

November

Friday 1st Half Term

Monday 4th INSET Day

Tuesday 5th INSET Day

Wednesday 6th Children return after half term

Wednesday 6th School Photos—Individual and Sibling

Friday 8th 6.30-8.30pm—PTA—Barnsbury Boutique Night

Tuesday 12th 3.30—5.30pm—Parents Evening (face to face)

Tuesday 12th PTA—Bags to School

Wednesday 13th PTA—Bags to School

Wednesday 13th Governors Meeting

Thursday 14th 3.30—7.00pm Parents Evening (face to face)

Thursday 14th PTA—Bags to School

Friday 15th Year 6 Trip

Monday 18th 9.00am Prospective Parent Tour

Wednesday 20th 2.00pm Prospective Parent Tour

Friday 22nd 9am—Rocksteady Concert—Friday Bands

Friday 29th 9.00am 6L Class Assembly

Friday 29th 10am—PTA—Hedgerow Planting

Saturday 30th 2-5pm—PTA Christmas Fair

Dates for your diary 2024-25

Autumn Term

December

Monday 2nd	KS1 Christmas Pantomime
Thursday 5th	9am Rocksteady Concert—Thursday bands
Friday 6th	9.00am 3M Class Assembly
Tuesday 10th	9am Rocksteady—Tuesday bands
Wednesday 11th	Christmas Dinner and Jumper day
Thursday 12th	KS2 Pantomime
Friday 13th	KS2 Pantomime
Monday 16th	9.15am—KS1 Christmas Production Dress Rehearsal
Monday 16th	2pm—KS1 Christmas Production
Tuesday 17th	9.15am -KS1 Christmas Production
Tuesday 17th	2pm—KS1 Christmas Production
Wednesday 18th	Christmas Carol Concert Years 3 & 4
Friday 20th	1.15pm End of Term



Star of the Week

Effort Award

Values Award

Writer of the Month

Oak

Ayman

Denis

Umai

Lucy

Ash

Loki

Rachel

Arianna

1B

Miguel

Haziq

Mason

Alexander

1M

Clemmie

Sophie

Archie

Yana

2M

Hannah

Elina

Ellen

Sammy

2T

Ellie

Henry

Owyn

Scarlett

3B

Hadley

Isabelle W

Reece

Isaac

3M

Chloe S

Fatimah J

Sarah-Luisa

Lillian

4D

Abiya

Flint

Ava

Skylar

4J

Emeli

Khaleesi

Amber

Miriam

5M

Tammy

Harvey

Arvin

Grace O

5T

Kaylah

Will B

Bella

Sedef

6G

Nicola

Diesel

Fatima

Bowen

6L

Anna

Charlotte

Thomas A

Catalina

Congratulations to the Lionesses this week:

KS1—Arla, Amelia

LKS2—Precious, Nayna

USK2—Rachel J, Nicole

PLAYER OF THE MATCH

Congratulations to the recipients of a WOW certificate this week: Jack (1B), Liam (5T), Dexter (5T), Abi L (5T), Zoe (5T), Adele (5T), Grace H (5M), Ayush (5M), Orla (5M), Jack (5M), Keshawn (4D), Yusuf (4J)



Acorns

This week Acorns have been very busy learning about Autumn. We went on an Autumn walk and talked about the different colour leaves on the trees. We had great fun using our fingers to paint pumpkins. We also have been using tweezers to sort dinosaurs into correct colours. Our phonics group have been working extremely hard learning new letters and sounds. This week we learned the sound 'S'.



Year 1

Year 1 have been enjoying their science Topic of Marvellous Materials! Including water as a material! Following the wet weather, Year 1 had the opportunity to observe puddles on the playground and think about what could affect how the puddle changes! We came up with ideas such as the sun drying the water, water soaking into the ground and more rain making the puddle even bigger! More recently, Year 1 also had the chance to investigate ice. We discovered some compare bears stuck in ice and used a range of tools to see if we could speed up with melting process to free the bears! In addition to this we discussed the properties of a range of materials and thought about a world where nothing was rigid! What if the tables were made of jelly?! We thought about many properties including rough, shiny, bumpy and transparent. We have loved exploring materials, especially within our classroom.



Year 3

We were so proud of the whole of year 3 last Friday. What an amazing Harvest assembly they put on. You could hear everyone's voice and they all looked so happy. What a fantastic way to start Year 3. We also want to say thank you so much to all the parents who attended the assembly. Your support means so much to the children and there were so many of you.

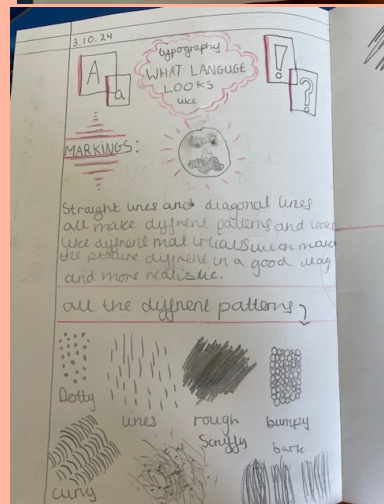
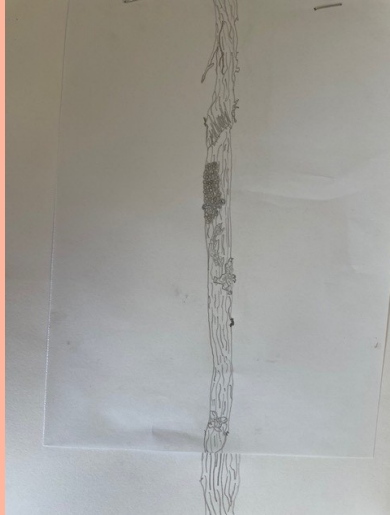
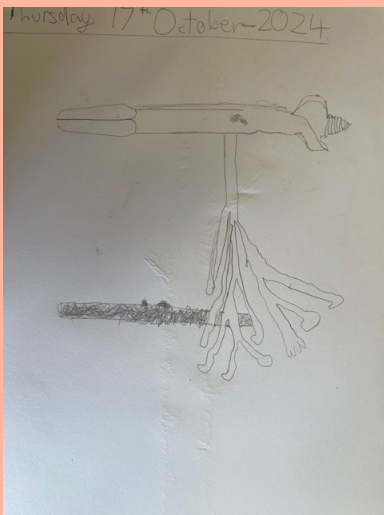
In History, we are continuing to find out about life in ancient Egypt and have been using our geography skills to see why the river Nile played such an important role. We have used atlases to find out where the Nile begins and where it leads into the Mediterranean Sea. We are looking forward to seeing all the topic homework next week.

In Art, we have been looking at the work of Degas and Laura Mckenry. Both of these artists have used charcoal in their work and we have developed our gestural skills using charcoal. This has proved harder than it sounds.



Year 5

This week in Year 5, we have been exploring typography in our Art lessons. We began by looking at different mark-making techniques, then we designed our own alphabet letters taking inspiration from nature - using leaves and sticks that we found around the school field and woodland.



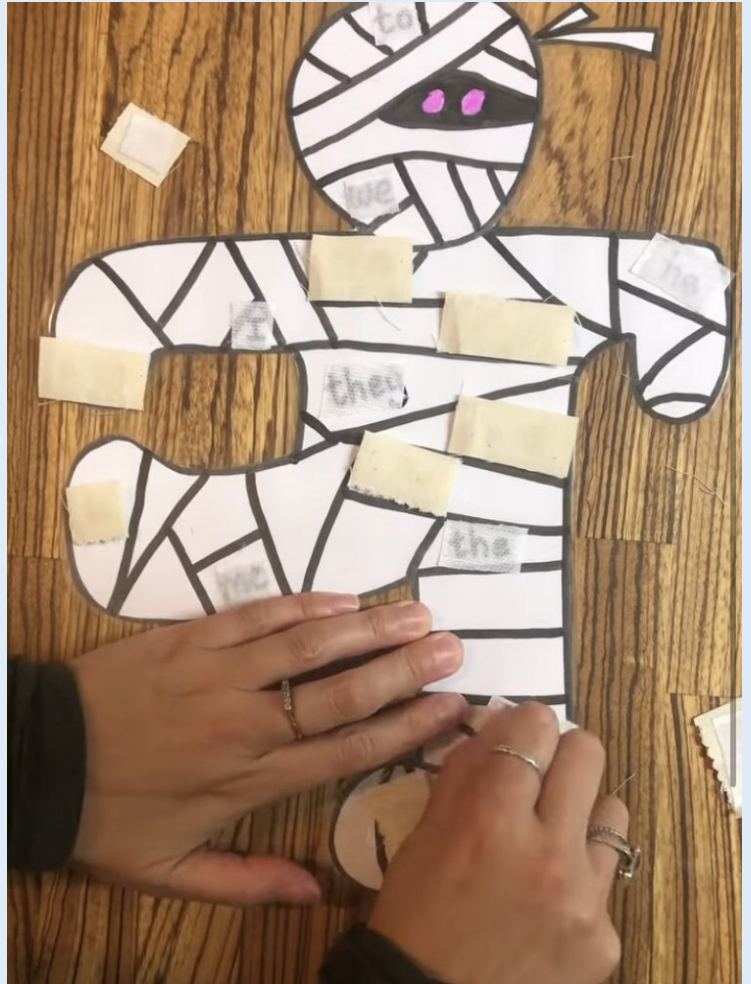
Spooky Phonics

We've made it to half term :)

Here is the last of our spooky phonics. I used velcro to make this super fun 'mummy' with hidden tricky words underneath. You could use specific sounds your child needs to work on or simple CVC words.

I hope you have a wonderful half term.

Miss Paice



WASPs Girls Football Tournament

Barnsbury girls football took part in the WASPs ESFA National Football Competition on Thursday 24th October.

It's never an easy task playing against other schools when the last tournament was a few months ago nevertheless our girls went out there and played their best.

Unfortunately, I was unable to attend due to training commitments, however I managed to get myself over there to watch the last game.

Our first game against Pirbright was a tough one and we walked away having being defeated 0-5.

However the girls held their heads high and went back out there again to play against Kingfield. They worked well as a team and you could see the commitment they had. Kingfield are a solid team and managed to sneak 2 goals in.

Our last game was against Pyrford the girls were getting tired but persevered, defended well and Leela managed to sneak in a goal just before the final whistle, with Barnsbury taking the win.

A huge thank you to Miss Armiger for taking the girls and being their coach for the afternoon.

A huge well done to Leela, Amelia, Tabitha, Emma B, Emma D, Adele, Bella, Lucy and Chloe!! I'm so proud of you!

Miss Paice



WASPs Boys Football Tournament

A team of Year 6 boys consisting of Noah (goal), Thomas (our Captain for the day), William, Mason, Jack (all defenders), Freddie, Harri, Aroosh, Anthony (our midfielders) and Praise (our striker) headed to the WASPs tournament in Woking on Thursday 24th October to represent Barnsbury school.

The matches were six a side, 10-minute matches and so there was lots of shared responsibilities and team-work required from the first whistle to the last. With four teams in our group and only the top team qualifying for the Semi-finals we knew it was going to be hard work to get to the knockout stages.

Game one against Pirbright B saw Barnsbury get off to a fast and furious start with a great goal from Freddie to open the scoring. A second for Freddie followed soon after before Pirbright clawed a goal back despite the best efforts of our defence. Harri put the gloss on the game with a well taken strike late on to secure the victory. 3-1

Game two followed straight after with no rest against a Knaphill team who had won their first game heavily. It was a game of few chances for both teams and lots of crunching tackles flying in from both sides. Despite some good saves from Noah and some great defending it was a failure to clear the ball that led to Knaphill's first goal. Praise quickly equalised following a great bit of skill to get away from the Knaphill defence, but as with their first goal it was the same scrappy play which saw the boys pegged back again! Despite some last-ditch rockets from Anthony that were well saved, Knaphill just about clung on. 1-2

Having just watched Knaphill win their third and final game the Barnsbury boys knew qualification was no longer possible and so game three against St Marys didn't quite have the same passion as the previous two games. There were lots of physical moments throughout though and it was after some strong play to hold off the defenders that Praise gave Barnsbury the lead. After a crunching tackle from Freddie St Marys had a chance to equalise from a free kick and they duly took it looping over Noah for the goal. With seconds to go and both teams seeking a winner it was St Marys who took their opportunity from the penalty stop after an unlucky foul in the box from William. 1-2

Whilst our matches were officially over, we had the opportunity to play a friendly against Pirbright A team and the boys seemed to completely relax and played with flair and speed. Goals from Thomas, Jack, Harri x 2, and Praise x 2 saw Barnsbury with a 6-1 lead only to be pegged back as Pirbright's star striker who plays for Coach Phils Sunday league team to come on and score two and assist a third for a final score of 6-4.

Whilst the boys may not have qualified for the knockout stages they only narrowly lost to tournament finalists Knaphill and so they can be incredibly proud of two wins and two narrow losses. Fantastic work from everyone and they really did Barnsbury very proud. Well done boys and more to come hopefully.





We are excited to introduce our new School Council for this year! Made up of enthusiastic and dedicated students from across all year groups, the School Council will represent the voices of their peers and work together to make positive changes in our school community. Through meetings, projects, and initiatives, they will focus on enhancing the school environment, organizing fun activities, and ensuring that every student has a say. We look forward to seeing the incredible impact they will have throughout the year!

Congratulations:

1M Jake
1B Yuri
2M Logan
2T Hannah
3M Emily
3B Bea
4D Sylvia
4J Zaki
5TD George
5M Orla
6G Angela
6L Thomas



10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College®

CALLING ALL GIRLS

Fun, social starter
tennis courses for girls



**Mon 28th Oct 9.30-3.30pm
at Woking Park**

We want girls across Woking to pick up a racket and start playing tennis on their terms, with Prime Video LTA Youth Girls.

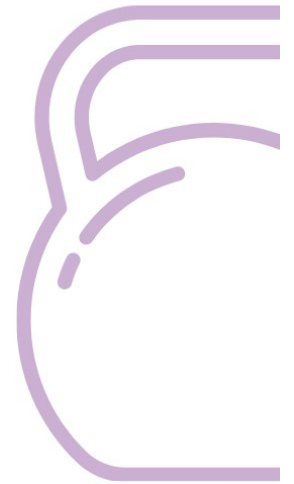
This session is welcome to girls aged 4-11 with the group being split in to smaller groups based on age and ability on the day. All players past, present and future welcome. We want as many of you there to create an environment where players can have fun, and learn a new skill along the way.

£35 gets you;

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- A tennis racket
- A set of balls
- A branded t-shirt
- A pair of wristbands
- A follow on offer for any future sessions

Scan QR Code to book your place or email
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Come and workout with Bertie & Claire for dynamic Fitcamp Sessions full of high-energy fun!

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Enjoy your first session on us—completely free!

Our sessions are friendly and tailored to boost your fitness, regardless of your current level. Let us help you reach your health goals with enjoyable workouts

For more information, contact Claire at **07983 302778** or claire@thispuravidalife.com. You can also visit us online at www.thispuravidalife.com.

Booking is simple and can be done online - come and join us today!

We provide all the training and equipment—you just need to bring yourself and plenty of water!

BARNSBURY BOUTIQUE NIGHT

**FRIDAY 8TH NOVEMBER
6.30-9.30PM**

**GET YOUR CHRISTMAS
SHOPPING IN EARLY!**





BAG 2 SCHOOL



**Our next Bag2School
collections are on:**

**Tuesday 12th November
Wednesday 13th November
Thursday 14th November**

Drop off at KS1 gate and office car park

Volunteer Mornings

Hedgerow Planting

Surrey CC are working with Barnsbury this year to plant hedgerows on the school field.

The hedgerows will be planted to mark out the end of the sports area and the 'wild' area on our sports field.

It's a fantastic learning opportunity for the children watching them grow and creating a habitat for birds, small mammals and insects, increasing bio diversity.

We are looking for around 9 volunteers to help.

FRIDAY 29TH NOVEMBER

TIME: 10am. We aim to plant the hedegrow in 3 hours.

Please let the school office or your PTA Rep know if you can help.



BARNSBURY PRIMARY SCHOOL PTA

Christmas Fair

**Join us for Christmas Fun,
Music & Games!**

November 30th • 2 pm to 5 pm

**Tombolas, Raffle, Hot chocolate, Crafts,
Secret Shop, Stalls, Entertainment**





YOUR BARNSBURY PTA NEEDS YOU!

**Help us shape the future of
Barnsbury school and it's
children by helping us raise
vital funds...**

WE NEED YOUR:

**INPUT...your opinions matter
TIME...however much you can spare
DONATIONS...big or small and your
help CREATING AWARENESS**



**Contact your class rep or email:
pta@barnsbury@surrey.sch.co.uk**