

## **Barnsbury Primary School and Nursery**

Almond Avenue Barnsbury Woking Surrey GU22 0BB

Telephone: 01483 763114 Email:info@barnsbury.surrey.sch.uk

**Headteacher: Mrs J Harrup** 

17th January 2025

### **Dear Parents and Carers**



## Responsibility—Value of the Half Term

Our value for this half term is Responsibility. Please see the body of the newsletter for ideas for discussion with your children. For the children in Early Years and Key Stage 1, responsibility is looked at through discussing caring and being fair, this moves onto leadership and independence in Years 3 and 4, with the older children in Years 5 and 6 deepening their understanding of responsibility through learning about assertiveness and community.

### **Big Garden Birdwatch**

The RSPB Big Garden Birdwatch is back! Take part for one hour between 24th and 26th January by recording which birds you see in your garden, from your balcony or in the park. For more information and resources, see the link: <u>Big Garden Birdwatch</u> and a How To Guide further in the newsletter.

### **PTA Events**

The next two PTA events are happening soon. Please see the posters in the newsletter and support them if you can.

Friday 31st January, 2.50-3.15pm, Pre-loved uniform sale in KS1 Hall Friday 14th February, 'Wear What You Love' Non-uniform Day, £1 optional donation.

Wishing you all a wonderful weekend.

With kind regards

Etlarrys.

Mrs J E Harrup Headteacher





Barnsbury Values
1/0100

	Star of the Week	Effort Award	Values Award
Oak	Krushnal	Logan	Hania
Ash	Ellie	Florence	Treasure
1B	Jack	Masson	Liyana
1M	Azal	Imogen	Clemmie
2M	Azhaan	Rebecca	Hannah
<b>2T</b>	Layla	Eva	Damari
3B	Izzy R	Ben	Freya
3M	Ewan	Isla-Rose	Jude
4D	Isla	Finlay	Louis
4J	Abdul	Jimmy	Ben
5M	Tia	Andrew	Ahmad
5T	Sedef	Isla	Adele
6G	Kaja	Emma	Harri

Oliver

Congratulations to the recipients of a WOW certificate this week: Mason, Haseeba, Jack and Flora (1B), Fatima & Fin (3M), Jonathan, Precious & Tyler (4D), Lola (4J), Olivia & Isla (6G), Miss Brouder (Ash class)

Jack

6L



Tianna

Congratulations to our Super Speller this week:
Jonathan (4D)



## Dates for your diary 2024-25

## **Spring Term**

January

Friday 31st PTA pre-loved uniform sale

**February** 

Friday 7th 6G Class Assembly

Friday 14th 4J Class Assembly

Friday 14th PTA Non Uniform Day—Love What You Wear

17th-21st Half Term

Monday 24th INSET Day

March

Friday 7th 9.00am Rock Steady Concert (Friday bands)

Weds 12th Local Governing Committee Meeting

Friday 14th 5T Class Assembly

Tuesday 18th 9.00am Rock Steady Concert (Tuesday bands)

Friday 21st 1M Class Assembly

Thursday 27th 9.00am Rock Steady Concert (Thursday bands)

Friday 28th 1B Class Assembly

**April** 

2nd-4th Year 6 Residential to Avon Tyrell

Friday 4th 1:15pm End of Spring Term

## Dates for your diary 2024-25

## **Summer Term**

## April

Tuesday 22nd Start of Summer Term

Thu 24th & Fri 25th PTA Silent Discos (times TBC)

Weds 30th Local Governing Committee Meeting (8am to 10am)

## May

Friday 2nd 3B Class Assembly (9.00am)

Friday 16th 2M Class Assembly (9.00am)

Friday 23rd 2T Class Assembly (9.00am)

Friday 23rd End of half term

June

Weds 25th Local Governing Committee Meeting (8am to 10am)

Friday 27th Oak Class Assembly (9.00am)

July

4th Ash Class Assembly (9.00am)

Tues 22nd End of Term (1:15pm finish)

## Acorns

Acorns are learning all about Superheroes this week. We had great fun making our own Superhero masks. The children are getting on so well with their mask making and had great fun getting their Superheroes safely home.







## Year 1

In Year 1, we have been very busy making puppets. The children had so much fun creating some lovely designs and are becoming master sewers.





In maths, we have been learning all about tens and ones. We used pasta to fill 10 frames to help us count numbers beyond 20.









## Year 3

In Year 3, we have been busy looking at volcanoes around the world in geography. We have looked at the Ring of Fire and were amazed to find out that there are 200 volcanoes in this area, 20 of which are still active. We also learnt that there were volcanoes in the UK, but a very long time ago.











Our new book, Pebble in my Pocket, in English has also helped us understand how the earth was formed. We have made story maps to show how different rock formations were made.

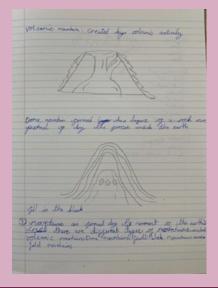
There has been lots of excitement about Forest School and the children have come back full of confidence after their sessions.

## Year 5

This week in Year 5, we have been looking at how mountains are formed. We discovered that they can be formed in different ways. Look at our work below to find out what these different ways are...









We have also been studying a book called 'The Ice Bear'. We were asked to draw a picture based on the description in the book. Above you can see one of our attempts, alongside the actual illustration from the book.

## Value of the Half Term—Responsibility

Responsibility means doing the things we need to do and taking care of ourselves and others. It's like being a superhero in our everyday lives by making good choices and helping out. When we are responsible, we show that we can be trusted and that we care about ourselves and those





around us. Whether it's finishing our homework, cleaning up our toys, or being kind to our friends!

## Responsibility reflection points

**Your actions matter:** Think about how your actions (positive or negative) can affect yourself and others. **Taking care of yourself:** Personal care is important, such as getting enough sleep, eating healthy foods, being active and practicing good hygiene.



BE ACCOUNTABLE for your results.



Completing tasks: What tasks are you responsible for? These could be, completing your homework, doing your chores or simply following our 3 Barnsbury rules, by always being 'ready, respectful and safe'.

Being kind to others: Your words and actions play a big role in your day to day life. It is your responsibility to treat all living things with care and respect.

Making good choices: It is your responsibility to make good choices at school and at home.

**Learning from mistakes:** We are human so we will make mistakes but it is your responsibility to learn from your mistakes and improve.

## Values activities to try at home with your family

Here are some ways you can show responsibility at home: **Toy clean-up:** Tidy up after yourself and put your toys

away when you are done playing with them.

Setting the table: Help set the table for breakfast and dinner.

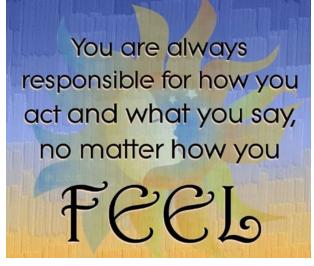
## Make your bed each morning

Laundry helper: Help your parent/carer with laundry. You could sort the laundry, help fold and pack away your clothes.

Pet or plant care: Help look after a pet or a house plant. Looking after a living creature is a big responsibility!

Packing lunch: Help prepare or pack your own lunch.

There are loads of ways to show responsibility at home. If you think of another activity or task that has not been mentioned above, share your ideas with your teacher. We would love to hear all about you being responsible at home.







LOGO SWEATSHIRTS, CARDIGANS, TROUSERS, DRESSES, ACCESSORIES & MUCH MORE

PRICES FROM 50P

## FRIDAY 31st JANUARY

KS1 HALL 2.50 - 3.15PM

All donations gratefully received at the school office. Cash, card or bank transfer to the PTA (correct change if you can!)



🎑 Save the planet, save the pennies, buy pre-loved 🌏







# Your how-to-guide and tally chart



Big Garden Birdwatch

24-26 January 2025

## Taking part is as easy as 1, 2, 3

Count the birds you see in your garden, from your balcony or in your local park for one hour between 24 and 26 January 2025.

Use the tally boxes on the next page to count and record the birds you spot. Transfer your count to the results form. This chart shows some birds you might see. You may see others, if so record those on the results form too. Where only one bird is shown on the ID Chart, both male and female birds look similar but are not always identical.

Pollowing these simple rules makes it easy to count the birds you see.

Only include birds that land, not those flying over. Count the highest number of each species you see at any one time, otherwise you could count the same bird twice. For example, if you saw a group of eight Starlings but then towards the end of your hour you saw six together, record '8' as your final Starling count.

Go online and tell us what you saw at www.rspb.org.uk/birdwatch

Submitting online is quick and easy and it means we can spend more on saving nature as it reduces our costs. Whatever you saw – even if nothing at all – please tell us. The more results we have, the better the picture will be of how garden birds are faring.

If you are unable to submit your results online, please complete and send us the print-from-home form.

## Helping you make your Big Garden Birdwatch count

### Get involved on our social channels

Throughout the Big Garden Birdwatch long weekend, you can join in the conversation on our social channels. See what other nature lovers are spotting across the UK and you can upload pics and comments about your Birdwatch. Go to #BigGardenBirdWatch

### Get ID tips and expert advice

You'll find lots of advice on identifying birds by sight and sound, as well as expert insights into garden wildlife at www.rspb.org.uk/birdwatch

The RSPB is a registered charity in England and Wales 207076, in Scotland SC037654 Illustrations by Mike Langman (rspb-images.com) BGBW-25



# Together, let's make it count

Connect to nature. Play your part.



24-26 January 2025

**Record your results** 

## What will you see?

Enjoy an hour in nature and count the birds in your garden, from your balcony or in your local park.

### How to record your results

- Count the birds for one hour in your garden, from your balcony or local park between 24 and 26 January 2025.
- 2 Use the ID chart to tally the total for each bird and then record the number in the boxes below.
- 3 Count the most birds of a particular species you see at any one time. So, if you see a group of eight Starlings, but later see six together, please write down eight as your final count.
- 4 If you don't see any of the birds on the chart, record '0' as your final count – it's important for us to know which birds are 'no shows'.
- 5 Only include birds that land, not those flying over.
- 6 Even if you saw nothing make sure you tell us it still counts.

Name of bird	Most seen at one time
Blackbird	
Blue Tit	
Chaffinch	
Coal Tit	
Collared Dove	
Dunnock	
Great Tit	
Long-tailed Tit	
Magpie	
Robin	
Starling	
Other birds	
_	

## Discover more about Birdwatch

You can simply use the chart opposite to take part, but if you would like to know more go to www.rspb.org.uk/birdwatch

You'll find expert advice, tips and features on how to attract birds onto your patch for a busy Birdwatch.

And you can share your pics and stories on social media using #BigGardenBirdWatch

The RSPB is a registered charity in England & Wales 207076, in Scotland SC037654. BGBW-25

## Let's keep in touch on your terms

### Thank you for taking action for nature.

BWMNAM0101

We're working hard to do all we can to save it. You can play your own, very important part, which is why we'd love to let you know about the conservation, campaigning, research and fundraising work that we're doing.

If you're happy for the RSPB and RSPB Shop to keep in touch, please let us know how you would like to hear from us:

Post	Yes please	No thanks
Phone	Yes please	No thanks
Email	Yes please	No thanks
Text	Yes please	No thanks

You're in control. If you'd like to change your choices at a later date, all you have to do is call us on 01767 693680 or go to www.rspb.org.uk/preferences. If you decide to stay in touch, we'll also keep you up to date with news about membership, products, offers and competitions. Your details will be kept safe and secure, only used by us, or those who work for us, and will not be shared with anyone else. We analyse information you provide, and about how you've helped us, to decide what communications will be of interest to you (and so that we can save our resources for conservation work) and to help us understand our supporters. We also use this information to run our charity's operations, e.g. if you place an order or make a donation, we'll need your details to process those. If you would like to know more or understand your data protection rights, please take a look at

www.rspb.org.uk/privacypolicy

### Please use CAPITAL letters.

Title (Mr, Mrs, Miss, Ms, Mx etc)				
First name				
Last name				
Your address				
Town				
County/Council area				
Postcode Telephone				
Mobile				
Email(over18s only)				
Date of birth if under 18 / / /				
How many people took part? Adults Children				
If you didn't do your Big Garden Birdwatch at home,				
where did you do it? Postcode (if different from above)				

## How to submit your results

When you've done your Birdwatch, go to www.rspb.org.uk/birdwatch and submit your totals using the online results form. Submit your results by 23 February 2025.

If you'd rather send us your results by post, send this completed form to us in an envelope addressed FREEPOST RSPB BIG GARDEN BIRDWATCH by 18 February 2025. This is a short address, but it will definitely reach us.





MULTISPORT CAMP

17TH - 24TH FEB

BARNSBURY PRIMARY SCHOOL, ALMOND AVENUE, WOKING GU22 OBB

ACTION PACKED, FUN FUELLED DAYS!

DODGEBALL

**ARCHERY** 

FOOTBALL

**MARTIAL ARTS** 

HOCKEY

BASKETBALL

**ARTS & CRAFTS** 

KIDS AXE THROWING

**TENNIS** 

AND SO MUCH MORE!

















PRICES:

4 YR OLDS: 9AM - 1PM - £20

5 YRS AND UP SHORT DAY: £30

5 YRS AND UP LONG DAY: £45

SHORT DAY: 9AM - 3PM

LONG DAY: 830AM - 5PM

**BOOK NOW** 

WWW.CAMPMARTIALX.CO.UK



07725 908439



www.campmartialx.co.uk



office@campmartialx.co.uk

## fluode won? Of been enoted a streng fail.

WHAT ARE THE RISKS? JusTalk Kids is a child's version of the JusTalk app – a highly popular social networking platform – designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JusTalk account to their child's and make use of parental controls, it's important to understand the risks associated with the app.

### **SUBSCRIPTION FOR** PREMIUM ACCESS

While JusTalk Kids is free, there's the option to

### RESISTANCE TO CONTROLS

JusTalk Kids endeavours to allow children the sense of having a chat-based app while allowing parents to set controls (within the app or from their own adult JusTalk account). The basis behind this is positive; however, some children are challenging their parents by refusing to use JusTalk Kids, preferring to use t adult version without any restrictions in place.

### KNOWING THE PARENT **PASSCODE**

After downloading JusTalk Kids, parents can set a passcode which users must enter to add contacts. The parental controls help to manage which content can be viewed and who children can add as a contact: this then allows children to chat with friends in a controlled environment. However, prospective contacts don't have to know a specific username. In theory, someone could type in a random name and then add them as a friend.

### **POTENTIAL DATA** LEAKS

JusTalk and JusTalk Kids claim to be secure and encrypted, going so far as to state that even the developers themselves won't access your data. However, a security lapse in 2022 highlighted that messages were not in fact encrypted – leading to concerns around the security of the app and the transparency of the development team.

### **CYBERBULLYING**

Online chats can provide a sense of anonymity, leading some users to post things which they wouldn't normally say in person. Combined with the option of group chats, there's a risk that young people might join in with this kind of behaviour, escalating it further and potentially turning what should be a fun experience into something deeply negative.

### TOO MUCH **SCREENTIME**



9

A report by the UK Parliament Education
Committee highlighted a 52% increase in
children's screen time between 2020 and 2022 –
as well as finding that 25% of children used their
smartphones in a manner consistent with
screen addiction. Introducing children to social
networking apps when they're too young can
lead to bad digital habits and a reliance on
technology from an early age.

## Advice for Parents & Educators

## JUSTIFY THE CONTROLS

If parents allow their child to use JusTalk Kids, they should explain that they're putting parental controls in place to make the app safer. Make sure the child knows not to put their full name on the account and doesn't use a photo of themselves as their profile picture. This type of open discussion will help to ensure that a child is aware of the app's potential risks and knows how to reduce them.

\*\*\*

### TALK ABOUT ONLINE FRIENDSHIPS

Young children could be excited to use this app. However, highlight that they must do so in a positive, respectful and responsible manner. While it can be easy to get caught up in a group chat, it's important to talk to others politely and call out any unpleasant behaviour. Discuss the importance of limiting their contacts to people they know in real life and use parental controls to enforce this.

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



## DOS AND DON'TS OF SHARING

Some children might not understand the potential dangers of oversharing online. Set clear guidelines around what *is* and *isn't* safe to share on the internet, and discuss the concept of a digital footprint. Children need to understand that the things they say and share online can never be completely erased. Even if they delete it themselves, it can be saved and distributed by others.

### **ENCOURAGE OPEN COMMUNICATION**

29 Apps like JusTalk can sometimes lend themselves to bullying behaviours. Parents should monitor what their child is sending and receiving, check in with them regularly and encourage them to share their feelings (both positive and negative) at home. Remind them that they can block a contact if someone is treating them disrespectfully.

Mary and the second second second second



The **National** College

Source: See full reference list on guide page at: https://nationalcollege.com/guides/justalk-kids









## What Parents & Educators Need to Know about

# TIKTOK

(13+)

CHRESTRICH.

WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

## AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. Tik Tok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

## BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

## IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

## CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

## MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

### **ADDICTIVE DESIGN**

With its constant stream of eye-catching videos, Tikfok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app: that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns - often leading to irritability - and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

## Advice for Parents & Educators

## **ENABLE FAMILY PAIRING**

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

### **DISCUSS THE DANGERS**

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

## Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



## **BLOCK IN-APP SPENDING**

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

### **READ THE SIGNS**

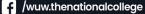
If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.



The National College

Source: See full reference list on guide page at: https://nationalcollege.com/guides/tiktok-2025











# YOUR BARNSBURY PTA NEEDS YOU!

Help us shape the future of Barnsbury school and it's children by helping us raise vital funds...

## **WE NEED YOUR:**

INPUT...your opinions matter
TIME...however much you can spare
DONATIONS...big or small and your
help CREATING AWARENESS

Contact your class rep or email: pta@barnsbury@surrey.sch.co.uk